



Mobile Crisis Response Team  
 Administrative Office  
 250 Bon Air Road  
 Greenbrae, CA 94904  
 415-473-6392



## Marin County Resources

### **Emergency**

Suicide Hotline:  
 800-273-8255

Psychiatric Emergency Services:  
 415-473-6666

### **Non-Emergency**

Mental Health Access and  
 Assessment Line:  
 1-888-818-1115

Helen Vine Recovery Center:  
 415-492-0818

NAMI of Marin County  
 415-444-0480 (M-F 1pm-3pm)  
[namimarinoffice@gmail.com](mailto:namimarinoffice@gmail.com)

Warmline: Phone Support for  
 Peers (7 days a week 1pm-9pm):  
 415-459-6330

Additional Community Resources:  
 211



## **Behavioral Health & Recovery Services**



## **Mobile Crisis Response Team (MCRT)**

**Mon-Sat 1pm-9pm**  
**415-473-6392**  
**415-473-3344 TTY**

**After Hours support through  
 Psychiatric Emergency  
 Services**  
**415-473-6666**

Mental Health and Substance  
 Abuse Support and Crisis  
 Intervention in Marin County

# Mobile Crisis Response Team (MCRT)

## What is the Mobile Crisis Response Team?

The MCRT is a team staffed by one Licensed Mental Health Clinician and one peer provider. The purpose of the MCRT is to respond to mental health and substance abuse crises and psychiatric emergencies in the community throughout Marin County.

MCRT works collaboratively with the citizens of Marin County, community based mental health and substance abuse agencies, hospitals and local law enforcement to increase the safety of individuals in a crisis.



Revised/Updated January 2016

## How the Mobile Crisis Response Team Helps?

MCRT will provide rapid crisis intervention in the field to address and de-escalate, as well as stabilize, an immediate crisis in the least restrictive environment possible. These interventions include but are not limited to:

- Face-to-face crisis counseling and brief supportive interventions
- Assessment of the individuals mental health and/or substance abuse needs
- When necessary facilitate transportation to psychiatric emergency services (PES)
- Coordination of appropriate and available community-based services for on-going treatment and follow-up
- Family support services
- Available for phone consultation to law enforcement, first responders, community providers, families and other community members

## When to call the Mobile Crisis Response Team?

- Your family/friend/loved one is experiencing a mental health or a substance abuse crisis
- Someone is expressing or threatening suicide but has not yet acted

## When to call 911

- An individual is actively engaged in a suicide attempt
- An individual has experienced physical harm that requires medical attention
- An individual is violent, aggressive, destroying property, physically harming or threatening others

## Tips for Effective 911 Communication

- Stay calm
- Call away from a loved one
- Identify yourself and your relationship to the situation/individual
- Explain behaviors and any statements that have been made
- Ask for a CIT officer and a 5150 evaluation